

Most people already know this and [research has proven](#) that those who write their goals down accomplish *significantly* more than those who do not write their goals.

Keep it simple. What is the goal?

Start my business

How are you going to make this happen?

- 1. Define concept**
- 2. Business plan**
- 3. State and Local Licensing**
- 4. Develop logo and name**
- 5. Develop website**
- 6. Develop business cards**
- 7. Launch website and social media accounts**
- 8. Develop weekly goals and milestones and how you are going to accomplish them.**

RULE #1: You have to be committed to focusing on getting it done. That means you're not allowed to work or focus on any other main projects and goals you have. But you can still work on other day to day tasks, like emails etc.

RULE #2: Use the printable to get clear on the project/goal you're going to complete and then list the steps you need to take over the next 30 days to get it done.

RULE #3: Make sure you create a work schedule for yourself that revolves around getting your project finished. Put the steps you need to take into your schedule, so you know what you need to do and when you need to do it.

Remember, where focus goes, energy flows. Which is why when you get laser focused about completing your #1 project, you'll make massive progress. I hope it helps you to kick start 2015 in the best way possible.

Make it Happen

Define your goal (specific, measurable, actionable, realistic, timely)

What are the specific steps to accomplish your goal?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Define your deadline

Always remember, it is your time, you control it or it will control you.

Stay Focused

